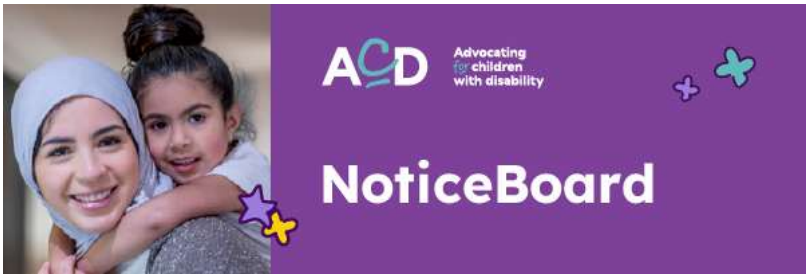
$200 Get Active Kids Vouchers and help with the cost of out-of-school hours care.

No images? Click here



September 2026

Hi ,

The new NDIS legislation was passed by the Australian Parliament in August 2026.

Before the legislation was passed, an important amendment was made to recognise that parental responsibility does **not** include the additional support a child needs because of their disability, compared with children of the same age without disability.

This is a reminder of what can happen when families, advocates and organisations come together and work for change. We know that speaking up takes time and energy - thank you to everyone who contributed their voice to this effort.

The new legislation brings changes that will be introduced over the next three years. We'll provide you with the information you need on our up-to-date NDIS Changes online hub.

Karen Dimmock, CEO



Do you have a child aged 13+ with disability? If the answer's yes, then you're probably thinking about how

best to support them with school and post-school options, puberty, and growing independence.

Teens and Beyond, our three-part workshop series, has the resources and information you'll need to support your child now and into the future. **Workshops start from Monday 12 October.**

You'll learn about:

- Financial support
- Future planning
- School and post-school options
- Wellbeing: friendships, communication, behaviour support and good mental health

> “The future doesn’t have to be scary. There are real options and possibilities.” Parent

Register now



NDIS update: requesting a plan reassessment

Some of the first changes from the new NDIS laws started on 27 August 2026, including changes to how participants can request a plan reassessment.

The rules are now stricter. Families must show a significant and ongoing change in their child's circumstances, support needs, or daily functioning. Requests must use the NDIA's reassessment form and include recent supporting evidence.

We'll continue to provide bite-sized updates as they happen. Learn what has changed, what evidence you need, and whether a reassessment or variation may be

right for your situation on our website.

Find out more



Join us for Carers Week

Join us for a special Virtual MyTime Carers Week event on **Monday 12 October at 7.30 pm** via Zoom. Special guest **Jo Gibbs** will share simple, practical ways to manage stress, recharge, and look after your wellbeing when life gets busy.

This special Carers Week speaker is supported by **Carers Victoria**. Bookings are essential.

Register now



3-Day Guarantee: reducing the cost of child care, before and after-school care and school holiday programs

Did you know the Child Care Subsidy helps with more than child care?

Families can use it to reduce the cost of before and after-school care and school holiday programs. Thanks to the new **3 Day Guarantee**, most families can access up to 72 hours of subsidised care each fortnight per child, even if you aren't working or studying.

For children with disability, there may also be extra support available through the Inclusion Support Program, and in some situations, support with the cost of In-Home Care.

Read our blog to learn how the Child Care Subsidy can help you and your family.

Find out more



New support for urgent ADHD prescription refills

Can't see your regular doctor and need an urgent ADHD prescription refill? The Virtual Emergency Department (VED) may be able to help.

From September, families with children aged six and over with an existing ADHD diagnosis and treatment plan can access a free online consultation through the VED if they urgently need a prescription refill.

- Free online consultation
- For people with an existing ADHD diagnosis and treatment plan
- Support when your usual doctor isn't available
- Prescriptions can be sent directly to a local pharmacy, where appropriate

This may help if a prescription is lost, expires unexpectedly, or medication runs out before your next appointment.

Virtual Emergency Department



Get Active Kids Vouchers are now open

Eligible Victorian families may be able to access a Get Active Kids Voucher worth up to $200. The voucher can help pay for activity fees, uniforms and equipment for things like swimming lessons, sport, dance classes, scouts and more.

If your child is named on a Health Care Card or Pensioner Concession Card, you may be eligible. This includes children with a Health Care Card because a parent receives Carer Allowance.

It's a fantastic way to help kids get involved, try something new, and have fun. Don't wait. Applications close at 10 am on 13 October 2026, or sooner if funding runs out.

Apply for vouchers

Share your experience of school enrolment

The Victorian Department of Education is reviewing how students enroll in Victorian government specialist schools.

If your child is currently enrolled in any Victorian school, they would like to hear about your experience. The survey takes 5 to 10 minutes and will help improve the enrolment process for families. You can also register your interest in future consultation activities.

Complete the survey



Post-school webinar videos: watch advice from home

Planning for life after school can bring lots of questions. That's why we've brought together a collection of **A Good Life** webinar recordings you can watch whenever it suits you.

Learn about post-school options, supporting friendships, NDIS pathways, and wills and estate planning from experienced presenters and guest speakers. The wills and estate planning webinar is only available until **19 October**, so don't miss it.

The A Good Life hub also includes articles, videos and practical resources to help your young person with disability build the future they want after school.

Webinar recordings

Snapshot on inclusive communities

We asked families what helps their children take part in community life and what barriers they still face.

Families said accessible parks, inclusive activities, quiet spaces, trained staff and clear accessibility information can make a real difference.

They also highlighted challenges such as crowds, limited inclusive programs, inaccessible facilities, and a lack of options for older children and teenagers.

Our new Inclusive Communities Snapshot brings together families' experiences, insights and recommendations to help shape Victoria's next State Disability Plan.

Find out what families said



Step back in time these school holidays

Sovereign Hill has made it easier for families with children with disability to enjoy a day out. Enjoy a family day out with accessibility features including an accessible gold-panning area, wheelchair-friendly paths, and social stories and Auslan videos to help your child know what to expect.

Children under 5 enter free, and Companion Card and Carer Card holders can access concession tickets.

Find out more

How else can we help

Join our community: Follow us on Facebook and Instagram for daily tips and information.

Stay informed: You'll find a wide range of resources for all ages and stages. Families tell us what's important, and we provide easy-to-read, up-to-date information, available in 5 languages on our website.

Connect and learn: Feeling like you need more practical tools or advice? Our Term 4 workshops are now open for registration!

We are here to listen: If you are worried about school or feeling overwhelmed, our Support Line is open.

Call us: 03 9880 700 or 1800 684719 (regional)
9.00am - 5.00pm Mon-Fri

Best wishes

The ACD team

Stay connected

03 9880 7000 | 1800 654 013 (regional)
Suite 6, 400 Canterbury Road, Surrey Hills, VIC 3127

ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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