ACD

Advocating for children with disability

Free online workshops

ACD runs 100+ free online workshops each year for families raising children with autism, developmental delay or disability.

Early Years

First Steps to Support

If you're at the beginning of your journey, this workshop gives you clear, practical information about financial help, support for siblings and caring for yourself and your child.

Starting Child Care and Kindergarten

Find out how your child can be supported and included at child care and kindergarten, and learn simple ways to work in partnership with your child's educators.

Starting Prep

Understand how to support your child's transition to prep, what help is available at school and learn how to build a positive relationship with your child's teacher.

School

Student Support Groups

Find out what a Student Support Group is, and how these meetings can help your child. Learn about children's rights at school and what reasonable adjustments schools can provide.

Advocating at School

Develop the skills and confidence to advocate for your child at school. We'll cover children's rights at school, reasonable adjustments, creating positive partnerships with school and the importance of advocacy.

Successful Secondary Years

Learn about the processes in secondary school and what reasonable adjustments can look like. Find out how to support your child's social connections, well-being and how to help them to advocate for themselves.

School

Starting Secondary School

Help your child have a smooth transition. Learn about working in partnership with secondary schools, planning for reasonable adjustments and including your child every step of the way.

Peer Support

Virtual MyTime

A welcoming online space to connect with other parents who “get it”. Virtual MyTime is a weekly peer support group where families share experiences and practical information.

Working Out Dads

A six-week online program that gives fathers raising children with developmental delay or disability a supportive space to connect with other dads, feel less alone, and build confidence in parenting and wellbeing.

Teenage Years

Teens and Beyond

A three-part series for families with children aged 13+. Sessions cover topics such as school and post-school options, getting the right NDIS support, behaviour support, mental health and friendships.

Let’s Talk

An information session hosted by ACD and Amaze to help you support your teen navigate respectful, consensual relationships. Topics cover technology and its impact, puberty, sexuality and pornography.

Get into Work Experience

This workshop gives practical ideas on how to support your teen with disability to get into work experience and build their skills and confidence for future employment.

A Good Life

A series of webinars to help you get ideas and information to plan for your child’s life after school. Find out what a good life can look like as your child reaches adulthood.

ACD workshops provide practical information and insights to give you the knowledge, skills and confidence to advocate for your children.

All our professional facilitators are parents of children with disability.

For more information about our workshops

Email educate@acd.org.au

Call 03 9880 7000 or
1800 654 013 regional