



March 2026

Hi ,

The NDIS Evidence Advisory Committee is currently exploring Positive Behaviour Supports for children aged 9 and older. We think it's so important that the real experiences of families help shape this national conversation.

If your child has accessed Positive Behaviour Supports, we would really value hearing from you. Please take a few minutes to complete our [short survey](#).

The survey closes Sunday, 29 March, and your insights will directly inform our submission and advice.

At ACD, we're always advocating, and so are you. Your insights have helped shape two important Government submissions this term.

We're also getting ready for our [Advocating at school workshops](#) in Term 2, supporting families to feel confident when navigating school systems.

Thank you for your time and for being part of this work.

Karen Dimmock, CEO

Free online workshop



Advocating at School



Develop the skills and confidence to advocate for your child at school. We'll cover children's rights at school, reasonable adjustments, creating positive partnerships with school and the importance of advocacy.

Other families have said

"The workshop covered everything I was looking for. Easy-to-follow content and useful resources to support me afterwards."

"I now feel informed, supported, and confident to advocate for my child's needs."

Register now for this FREE online workshop to learn more about how to advocate for your child at school.

[Register now](#)



Kids Activity Vouchers now open

Great news for families. If your child is listed on a Health Care Card or Pensioner Concession Card, you can now apply for a **\$200 Kids Activity Voucher**. This also

includes children who have their own Health Care Card because a parent receives the Carer Allowance.

The voucher can help cover the cost of sport or activity fees, uniforms or equipment. It's a wonderful way to help kids get involved, try something new and have fun.

Be quick, applications close **2 April** or earlier if funds run out.

[Apply now](#)

Accessible parking permits

Is it time for you to apply for an Accessible Parking Permit? It can make outings easier by giving you safer, closer parking.

Children may qualify if they:

- are legally blind
- have a physical disability that affects their mobility, or
- need high supervision to move safely

A GP or OT needs to complete the application on behalf of your child. If you think your child may be eligible, the best place to start is to talk to your GP or OT.

[Read more](#)



Use a quick video to brief support workers

Explaining your child's needs can sometimes be hard to put into words. A short video can make things clearer by showing support workers:

- what your child likes and doesn't like
- how they communicate
- what routines work best
- what you expect from the people supporting them

It doesn't need to be perfect. A quick video on your phone can help new workers understand your child and feel confident in how to support them.

Our friends at the **Summer Foundation** have a simple, helpful guide to get you started.

[Read more](#)

Standing with families in 2026

At ACD, we're making sure the voices of families of children with disability are heard. We've recently shared your experiences in two key submissions:

NDIS new planning framework

Calling for a fair, flexible and child-centred planning process that listens to families.

Voting centre accessibility inquiry

Recommending better support so young people with intellectual disability can vote with confidence.

[Read our submissions](#)



Understanding the difference between Carer Allowance and Carer Payment

If you're caring for a child with disability, you may be able to get financial help.

Carer Allowance: An allowance of around \$160 per fortnight, which can be paid for each eligible child you support.

Carer Payment: For those providing constant, substantial care, a payment of around \$1,200 per fortnight. Income tests apply. If you qualify, you can receive the Carer Allowance as well.

Read the blog to see which one might apply to your family and how to apply.

[Read the blog](#)

We want to hear from you

Survey: Child and family experiences of Positive Behaviour Support

If your child is aged **9 years or older** and uses Positive Behaviour Support, we'd love to hear about your family's experience.

You can share:

- how easy it was to find the right support

- what it was like using the strategies in your child's plan
- what helped
- what was hard

The **NDIS Evidence Advisory Committee** is collecting feedback, and we want to make sure real family experiences are part of this national conversation. Your responses will help shape ACD's submission and strengthen our advocacy for children and families.

Survey **closes Sunday, 29 March**. Thank you for taking the time to share your story.

[Complete the survey](#)



Have your say

Work experience for students with disability

Help shape better pathways for students with disability

Work experience can open doors, but only when every student can access it.

We're holding a 90-minute online consultation to hear from Victorian families with a child in secondary school or who has recently left school (**ages 14-22**). We want to learn what helps, and what gets in the way, when students with disability take part in work experience or VET placements.

Your insights will be shared with the Victorian Government's School to Work review, and participants with a Victorian postal address will receive a \$50 voucher.

[Register now](#)

When news feels scary: how to help your child cope

There is so much happening in the world right now, and it can feel overwhelming. Children often see or hear distressing news online, even when we try to protect them. This can leave them feeling worried, confused or scared.

Emerging Minds has shared helpful tips for talking with children about upsetting events, and supporting them to feel safe and secure.

For guidance, you can read the full resource from Emerging Minds.

[Read more](#)



Easter made simple and inclusive

Looking for inclusive ways to make Easter fun for everyone? 🐰💜

We've put together tips from other parents to help families celebrate in ways that work for all children. Hop over to our blog for simple ideas, tricks and easy inclusive activities.

Hop into the blog


How else can we help

Join our community: Follow us on [Facebook](#) and [Instagram](#) for daily tips and information.

Stay informed: You'll find a wide range of resources for all ages and stages. Families tell us what's important, and we provide easy-to-read, up-to-date information, available in 5 languages on our [website](#).

Connect and learn: Feeling like you need more practical tools or advice? Our [workshops](#) are now open for registration!

We are here to listen: If you are worried about school or feeling overwhelmed, our Support Line is open.

 **Call us:** [03 9880 700](tel:039880700) or [1800 684719](tel:1800684719) (regional)
9.00am - 5.00pm Mon-Fri

Best wishes

The ACD team

Stay connected



[03 9880 7000](tel:0398807000) | [1800 654 013](tel:1800654013) (regional)
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ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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