

TERM 2 2026

Free online workshops



ACD runs 100+ free online workshops for families raising children with developmental delay or disability.

Presented by facilitators who are parents of children with disability.

School



Advocating at School - April

Develop the skills and confidence to advocate for your child at school. We'll cover children's rights at school, reasonable adjustments, creating positive partnerships with school and the importance of advocacy.

Successful Secondary Years - June

Learn about the processes in secondary school and what reasonable adjustments can look like. Find out how to support your child's social connections, well-being and how to help them to advocate for themselves.

Peer Support

Working Out Dads - May

A six-week online program that gives fathers raising children with developmental delay or disability a supportive space to connect with other dads, feel less alone, and build confidence in parenting and wellbeing.

Virtual MyTime

A welcoming online space to connect with other parents who "get it". Virtual MyTime is a weekly peer support group where families share experiences and practical information.

Teenage Years



Teens and Beyond - May

A three-part series for families with children aged 13+. Sessions cover topics such as school and post-school options, getting the right NDIS support, behaviour support, mental health and friendships.

Get into Work Experience - June

This workshop gives practical ideas on how to support your teen with disability to get into work experience and build their skills and confidence for future employment.

Let's Talk - Relationships, Sex & Pornography - June

ACD and Amaze present Let's Talk. A workshop about relationships, sex, and pornography. It aims to help families of children aged 12+ understand and support their children to navigate respectful, consenting relationships.



A fantastic workshop led by people with real lived experience. It gave me practical resources that helped me advocate for my child.



Scan to register

Visit acd.org.au

Email educate@acd.org.au

Call 03 9880 7000

or 1800 654 013 regional

