

#### **Inclusive Summer Fun**

Hi,

Happy New Year!

At ACD we love inclusive fun for children with disability. For us, inclusive means local, free or low cost, accessible and welcoming.

We've come up with a range of options and we hope you find something that suits you and your family this summer.

Wishing you and your family a fun-filled summer holiday.

#### Karen Dimmock, CEO



## Get ready for the year ahead

We know it's still the school holidays, but now is a good time to prepare for the year ahead.

ACD's FREE telephone advocacy Support Line can help you with questions you may have about how funding works at childcare, kindergarten, or school. We can also help you find out what to ask for and how to work in partnership with your child's educators and teachers.

Telephone lines reopen at 9 am on Monday 6th January.

## Call the ACD Support Line on 03 9880 7000 or 1800 654 013 (regional).

Lines are open Monday – Friday 9 am to 5 pm. Interpreters are available. No diagnosis is needed to use our FREE service.



### Accessible beaches

If you're thinking about going to the beach this summer, there are plenty of accessible and inclusive options for you and your family to enjoy.

Lots of local councils have accessible facilities, such as beach matting, beach wheelchairs for hire, and Changing Places toilets.

We've compiled a snapshot of the accessible beaches along Victoria's coast that you'll find helpful this summer holiday- including the new wheelchair matting installed at Frankston beach!

**More information** 



## Polyglot theatre: *Ants* at Melbourne Museum

Our friends at Polyglot Children's Theatre will be holding FREE performances outside Melbourne Museum from Wednesday 8th January to Saturday 25th January.

Ants is an interactive performance that brings children together to explore the landscape around them. Families are welcome to come and go from the performance as they like.

Check out Polyglot's website to see what other free and low-cost events they will be attending over the summer.

**Event information** 

## Summer by the Sea is back!

Every January school holiday, Coastcare Victoria runs FREE 'Summer by the Sea' activities along the Victorian coastline. They're suitable for all ages and abilities and a chance to discover the amazing coastal and marine environments where we live and play.

The program runs from Monday 6th to Saturday 25th January There are several accessible events in various locations, including disabled snorkeling, touch table experiences, the Junior Ranger Program, and dinosaur discovery. A number of events are listed as being wheelchair accessible.

Find an event



## Summer at Kyabram Fauna Park

Why not have an adventure at Kyabram Fauna Park this summer?

Zoos Victoria has collaborated with Access Australia to launch Access Keys across their sites. The Access Key is a detailed guide that includes information about the dimensions of entrances and facilities, locations of Changing Places and toilets, and sensory guides to different areas of each site.

Zoos Victoria parks are free for children under 16 during Victorian school holidays.

Entry is also free for all carers accompanying a person with disability who is a holder of a Child Disability Allowance Health Care Card, a Disability Pension Card, or a Companion Card.

Find accessibility information on their website, including the sensory map, access key, and more!

Find out more



### NGV Kids on Tour

NGV Kids on Tour is a great chance to make and create when it comes to a town near you these school holidays. From cat and dog ears you can wear, to flower pompoms and paper moths – there's art to make for every age.

Families can enjoy a range of activities developed by the NGV in collaboration with inspiring artists and designers from around the world

Head to the website to find a participating venue near you, and discover the range of activities on offer!

Find an event



# Fun activities for teenagers with disability

Planning fun activities for teens with disability can take time and creativity. But like all young people, teenagers with disability can enjoy doing things with a friend, older sibling, grandparent, or with a support worker.

We've come up with a range of activities relating to:

- · Following your child's interests
- Getting out and about
- · Indoor activities
- Activities with purpose

Read the blog to find out more!



## Updated: inclusive playgrounds in Melbourne and regional Victoria

If you're in regional Victoria this summer, take a look at some of our favourite inclusive playgrounds. They're usually fenced, accessible, and have a range of play equipment for children of different ages and abilities. With BBQs and shaded areas, you can make a day of it with the whole family.

Check out our blog for inclusive playgrounds in Melbourne and across Regional Victoria.

Have an enjoyable summer.

### The ACD team

Stay connected

Follow us on





### 03 9880 7000 | 1800 654 013 (regional) Level 1, 587 Canterbury Road Surrey Hills VIC 3127

ACD acknowledges the traditional owners of this land. We recognise their continuing connection to land, waters and community. We pay our respects to Elders past and present.

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