

ACD runs over 100 free online workshops each year for families of children with developmental delay or disability.

Our professional facilitators are all parents of children with disability and provide practical information and insights to give families the knowledge, skills and confidence to advocate for their children.

"The workshop was one of the most helpful and validating experiences as a parent who's tried to advocate. It was easy to understand, and provided lots of useful information."

Early years

First Steps

For families of young children who are starting their journey, or whose child has recently received a diagnosis. Information on financial support, respite, supporting siblings and looking after yourself.

Starting Prep

If your child is starting Prep, this workshop helps families support the transition to school, how the school can support your child and how to build a positive relationship with your child's teacher.

Positive Start to Early Learning

Information for families whose children are about to start or are already at childcare and kindergarten. Find out about practical supports for your child, how funding works and how to work in partnership with your child's educators.

School age

Student Support Group Meetings

Find out what a Student Support Group is, how these meetings help your child and how to get the most from each meeting. You'll also learn about your child's rights in education, what reasonable adjustments are, and why advocacy is so important at school.

Getting Support at School

Discover what you can ask for at school to help your child get positive outcomes. Learn about school processes, how to raise a concern, and the value of individual education plans and behaviour support plans.

Teens

Teens and Beyond

A three-part series for families with children aged 13+. Sessions cover topics such as school and post-school options, getting the right NDIS support, behaviour support, mental health and friendships.

Let's Talk

Information to help you support your teen to navigate respectful, consensual relationships. Topics cover technology and its impact, puberty, sexuality and pornography.

Advocating at School

Develop the skills and confidence to advocate for your child at school to get the support they need. We'll cover children's rights at school, reasonable adjustments, creating positive partnerships with school, and why advocacy is so important.

Successful Secondary Years

An insight into the different processes in secondary school and what reasonable adjustments can look like in this setting. Also learn how to support your secondary student with social connections, wellbeing and advocating for themselves.

NDIS

NDIS Good Evidence

Practical information on gathering good evidence for your child's NDIS plan. This includes information on the role of evidence in NDIS planning and support, types of evidence and how you can ensure the assessments and reports you provide are useful.

For more information about our workshops:





